

Sabin SUN School

Spring 2025



What is SUN School?

Sabin SUN, a program of Self Enhancement, Inc. (SEI) aims to improve the lives of children, their families and the community by extending the school day and developing Schools as “neighborhood hubs” by brining in resources from the community.

Is SUN daycare?

NO. While SUN does offer free extended day programming, it should not be looked at as free daycare. SUN does not run consistently throughout the school year. It only runs Monday to Thursday in 8-week increments. Enrollment is also not guaranteed as we often have more students sign-up then we have slots for and carry a wait-list.

Is there a cost to SUN?

No! All classes are free.

How does registration work?

Classes will be filled on a Lottery basis, with priority given to students with academic Risk factors (Save a SUN Spot students). This means that placement will be random, but ultimately left up to the discretion of SUN staff. Request forms can be turned into the SUN box in the main office.

NOTE– ALL families must fill out a digital SEI/SUN registration form once they’ve received a confirmation email that their student got into SUN.

What is Save a SUN Spot?

We ask teachers to help us identify students who would benefit the most from SUN. Many of these students need extra academic support. This system ensures all students receive an equitable opportunity to participate in SUN.

Is registration open to all grades?

No. Registration is only open to **Grades 1-5 Only**.

Staff Contact Information:

Rachel Carpenter

SUN Site Manager
rachelc@selfenhancement.org

Vicky Thomas

Environmental Educator
vthomas@pps.net

Located @ Sabin K-5 School
4013 NE 18th Ave
Portland, R 97212

Phone: (503) 916-6181
www.pps.net/sabin

Important Dates:

Request Forms due:

Thursday, March 13th by 3pm

All forms can be turned in to the **SUN box** in the **SABIN OFFICE** or **EMAILED to Rachel** rachelc@selfenhancement.org

Confirmation schedules out:
Friday, March 21st

Spring SUN Session:
April 8th—May 29th

NO SUN:

April 23rd
May 21st, May 26th



PORTLAND PARKS & RECREATION
Healthy Parks, Healthy Portland

Important SUN Dates:

Registration:	LOTTERY Registration—all forms due by 3PM March 13th, 2025
Where:	SUN box in the main office - or emailed to Rachel: rachelc@selfenhancement.org
Confirmation:	Confirmation information will be EMAILED on March 21st
Spring Session:	TUESDAY, April 8th—Thursday, May 29th

Important SUN Notes:

- A 15-minute recess period is built into the SUN school schedule. Pick-up this term will be in the gym. You must sign your student out with the Site Manager before leaving.
- If your student is in Grade 3-5, they may self release—ONLY if parent permission has been given to Site Manager. Permission must be in written form. Rachel can be reached at rachelc@selfenhancement.org.

Notes about late pick-up—PLEASE READ!!

We understand that emergencies arise. We also understand that traffic can be challenging or hectic, but we do expect all children to be picked up on time. **When your child is picked up late, our staff is required to remain working and therefore, unable to attend to commitments of their own.**

The third late pick-up (10 minutes or more) will result in three weeks off from SUN school. Please be considerate of our staff in following the program times, with the exception of an extreme emergency. Late pick-up notifications will be emailed to you the following day. **YOU MUST SIGN THAT YOU UNDERSTAND AND AGREE TO THIS POLICY FOR YOUR CHILD TO ATTEND SUN.**

SUN BEHAVIORAL EXPECTATIONS

The safety and well-being of all participants and staff is of utmost importance. To ensure safety in SUN Community Schools, we require that all participants be able to follow all three of the following criteria.

1. Be age appropriate for the activity/program
2. Be able to maintain safe behavior during the activity. This means that they can participate without harming themselves or others. Specific behaviors include:
 - Treating adults and other students with respect,
 - Following directions of adult instructors and coordinators,
 - Remaining in the assigned room until dismissal,
 - Engaging in safe, non-violent behavior.
3. Participate meaningfully in the activity and not disrupt or distract others.

If issues arise, the following process is to be followed:

1. Remind student of class expectations.
2. Give verbal warning that continuation of behavior will lead to removal from the activity.
3. Remove student from the activity for some time out with the SUN Site Manager.
4. SUN Site Manager will discuss behaviors with the student to determine if they are able to return to the activity. If a student is sent to the Site Manager a second time, the student will receive a written warning and be sent home for the day.

Written Warning Consequence Progression

1. First Written Warning: SUN manager phones parents/guardians to notify them that their student must leave SUN programming for the day but may return the next day.
2. Second Written Warning: SUN manager phones parents/guardians, student is sent home and may not return for the week

Class Schedule



Spring Term: April 8th—May 29th, 2025

Grade Level italicized under title of class

* Max available slots listed in parentheses next to class *

Monday

Tuesday

Wednesday

Thursday

2:30-4:00pm

Art (15)

2-4/ Students will explore a variety of art media and be introduced to basic art techniques. This class places an emphasis on having fun while exploring creativity.

Theatre (15)

3-5/ The perfect introduction to theatre skills! Brought to you through a partnership with NW Children's theatre

Chess Club (14)

3-5/ A fun and supportive space to improve your chess skills and challenge yourself through friendly competition. *Some Chess experience needed.

Literacy Support (4)

4 / Please reach out to Rachel if you feel this would be a good fit for your student.

Junior Naturalists (15)

3-5/ Start seeds for the edible garden and learn about composting. Perfect for the Spring season!

Ethos: Guitar/Piano(8)

3-5 / Brought to you through a partnership with Ethos music center. Instrument options will be available!

Spanish (12)

1-2/ Learn meaningful phrases in Spanish in this play-based class. Brought to you through a partnership with Adventures in Spanish

LEGO Club(10)

3-4/ Show your creativity as you build LEGO creations! Each week will offer free play (with project ideas) and sets.

Hip Hop Dance (12)

1/ Children are introduced to the concepts of music, rhythm and movement. Brought to you through a partnership with Tiny Dance Life.

Intro to Chess (18)

2-4/ No experience required! This class is designed for kids to learn the basics of Chess in a friendly environment. Learn how the pieces move, the rules of the game and have a great time with Ms. Rolfe!

Wiggle Worms (15)

1-2/ Garden fun for the little ones. Through hands-on activities, they'll discover the basics of gardening, the importance of the environment and how plants grow.

Coding & Game design(14)

3-4/ This project-based class is designed to allow young students to develop their creative storytelling or game designing abilities, and then gives them the opportunity to bring them to life through using MIT's block-based Scratch. Brought to you through a partnership with Athena Coding.

4:00-4:45pm

Homework Help (8)

3-5/ Class gives students support with homework. This is also a time for reading and winding down.

Homework Help (8)

3-5/ Class gives students support with homework. This is also a time for reading and winding down.

Homework Help (8)

3-5/ Class gives students support with homework. This is also a time for reading and winding down.

Adult and Family Classes:(free!)

Adult Zumba: Thursdays, 6:30-7:30pm in the Gym

Latin-inspired fun and fitness! Exercises include music with fast and slow rhythms, as well as resistance training.

Family Pickleball: Mondays, 4:30-5:30pm in the Gym

Pickup pickleball games for the whole family!

Adult and Family classes follow the SUN term dates—unless otherwise noted.